**Mini face lift**

**How does mini face lift work?**

Small incisions are made usually near the ear to remove excess tissue and tighten the remaining parts of the face by pulling them upward. Wrinkles, sagging skin and jowls are remedied by this technique. It works best when combined with neck liposuction to highlight contoured features and give an overall rejuvenated face. This mini face lift has an immediate anti-aging effect.

**Why to consider this treatment?**

A mini face lift surgery will rejuvenate your face, hydrate your skin and contour your feature giving you a youthful appearance.

**Is the treatment painful? Is it safe? How long will the treatment take?**

Pain tolerance varies from patient to patient but local anesthesia will allow the patient to be relaxed to maximize his comfort during the entire procedure. Mini facelifts are the most common and the safest kinds of facelifts which are completed between 2-4 hours depending on the extent of the surgery.

**Are there scars from a mini rhytidectomy surgery?**

There will be scars after the mini face lift due to the incisions.

**How many treatments i need before i see results and how long will it stay?**

Approaching our aesthetic medical center, our specialists will help you achieve an immediate result that can lasts longer with proper maintenance and healthy lifestyle.

**What are the procedures paired with a mini face lift?**

For an enhanced and youthful appearance, a mini face lift can be combined with neck fat liposuction and chin reconstruction.

**How long will a mini facelift last?**

While each patient is different, typical mini facelift results can last about 5 – 10 years.

**An anyone get a facelift?**

Yes, as long as you’re in good general health. A facelift procedure simply removes excess skin in your facial/neck areas, giving you a more youthful appearance. As long as you’re eligible for the surgery itself, anyone at any age can get a facelift. Make sure you share your medical history and any previous or present health conditions with your surgeon.

**How can a facelift make me look younger?**

Here are some of the most common effects of a facelift: tighter skin on your face and neck, no more crinkles around your lips and on your forehead, a more ‘smiley’ look (the tips of your lips will be pointed more upwards after the procedure.)

**How visible are the facelift results? Can a facelift look natural?**

The procedure can be completely modified based on your needs—from a complete makeover to a minor rejuvenation. It is up to you to be completely open and upfront with your surgeon about what it is exactly you want. For example, if you don’t want anyone to notice that there’s something very different about your face, do tell this to your surgeon. They will know exactly which areas will make you look younger without drastically changing your natural appearance.

**How long does the facelift procedure take?**

On average, a mini-facelift surgery will take up to 2 hours. A full facelift may take as long as 6 hours to perform when combined with eyebrow and eyelid surgeries. After the operation, you might experience some side effects from the anesthesia (dizziness), and you will experience swelling on your face. The swelling will go away after 10-14 days, that’s when you’ll be able to return to work and normal life.

**Can you get a neck-lift without a facelift?**

Yes. There are several types of incisions that could be used to target your neck area alone. While most neck-lift patients will be interested in getting a facelift as well, it is entirely possible to work on the neck area alone. It is up to you, however, to make this part extra clear to your surgeon.

**How do you prepare for a facelift?**

No special preparations are required. However, it is important that you don’t smoke at least 3 weeks before the surgery (it could increase bleeding and significantly slow down the healing process) and avoid taking aspirin, anti-inflammatory drugs and herbal supplements for the same reasons. It is a good idea to not eat or drink anything after the midnight before the operation. Any other instructions (medications, skin products) will come from your surgeon directly.

**Can a facelift help acne scars?**

Yes. Mild acne scars are the easiest to remove with a facelift, but even with deep acne scars, a facelift can help improve your facial appearance.

**Can a facelift be reversed?**

No. However, you shouldn’t panic if your face doesn’t look exactly how you’ve expected it just after the surgery. Facelifts reach their ‘best look’ within 3-6 months after the surgery, when your body is completely healed up and the swelling is completely gone. Keep in mind that all facelift procedures fade away with time (look at question 4.)

**Is facelift the same as botox?**

No. These are two completely different procedures. Botox injections are quick, and can be done right in the surgeon’s office. Facelift procedures are much more lasting, as the excess skin is removed surgically and your muscles are rearranged to give you a more youthful appearance.